

ACTC Ride Guidelines

The following updated guidelines are presented to encourage members to join group rides. By providing communication on leadership, participation and stats credit, the proposed guidelines are meant to allow for a wide variety of rides and leadership styles. These guidelines are designed to accommodate both leaders and participants while promoting rider safety on club rides.

Ride Leader Expectations

1. All Ride Leaders should lead their rides at the pace listed in the Ride Schedule.
2. A Ride Sign-In Sheet and a LAB incident report should be brought by the Ride Leader
3. Ride Leaders should arrive early enough to ensure that all participants' sign the Ride Sign-In Sheet, make introductions and announcements about regroup or other items of importance.
4. It is suggested that Ride Leaders provide route sheets if the group may get split along the route.
 - a) These can be distributed in either hard copy to the ride start or soft copy (if available).
 - b) For rides that are lead without a route sheet or for large groups, it is advisable to have a designate sweep, someone who knows the route and can help any rider who may develop a problem on the ride.
5. Discuss the route prior to start of ride, regroup or bail out points and whether or not there will be a sweep. If not, provide instructions to the group on expectations so that no rider is lost due to missing a turn – i.e., make sure the rider behind you makes the turn, etc.
6. Periodic re-group points are recommended especially on routes with hilly terrain to keep the group from getting too spread out and to make sure all riders are present and accounted for. Rides that have no scheduled re-group point should have a cautionary note in the ride description that states “riders should be prepared to ride alone”.
7. Rides should start at time listed in the Ride Description.
8. Cancellations and reschedule of rides are allowed for weather conditions – wet roads or extreme heat.
 - a) For all other conditions (health, schedule conflicts, or other reasons) the leader should either find a replacement leader or ensure that someone is at the start location prior to the start time to provide route sheets.
 - b) Changes to the posted route are acceptable if needed due to road or weather conditions.
 - c) Ride reschedules due to cancellations must take place within 45 days of original ride scheduled date.

9. Changes to ride start location are not allowed once the ride is posted in the on line schedule.
 - a) Rides may be posted without a starting location. Description must include a note to contact ride leader prior to ride to find out start location.
10. Impromptu rides may be scheduled in the On Line Schedule up to 7 days prior to the ride date but no stats credit may be provided at this time. *(Pending Stats Tool development.)*

Any issues regarding Ride Leadership should be sent to the Rides Coordinator at Rides@actc.org.

Ride Participation Expectations

1. All California Vehicle Code laws must be obeyed during a Club ride. Stop at stop signs, and allow faster traffic to pass.
2. Helmets that conform to a CPSC approved standard are required on all club rides.
3. Be ready to ride at the listed start time.
4. All participants are required to sign the Ride Sign-In Sheet in person. This certifies each rider has read and understood the Club rules. The participant name needs to be "Printed" and provide an emergency contact number. A cell phone number is optional.
 - a) Riders below age 18 may participate in rides if they are accompanied by a parent or legal guardian. **A medical release form is required for all minors.**
 - b) Guests/Non-Members must sign the Ride Sign-In Sheet at the bottom of the page under the liability release.
 - c) If a rider does not sign in, the Ride Leader is not required to provide stats credit.
5. All ride participants should only attend rides where they feel comfortable riding at the listed pace. If they are unsure it is strongly suggested they contact the Ride Leader prior to joining the ride.
6. If a rider has to leave the ride for any reason, the Ride Leader **must** be informed.
 - a) If a participant on a ride leaves prior to the group start or rides faster than the listed pace and goes off the front, it is at the Ride Leaders discretion whether ride credit will be provided.
7. Rain or intense heat cancels a ride unless otherwise stated in the ride description.
 - a) A ride cancelled by weather may be rescheduled by the Ride Leader and will be credited ride.
 - b) If a ride is unsure whether a ride will be cancelled, contact the ride leader.
 - c) If the ride has been cancelled by weather, contact the Ride Leader to find out when it will be rescheduled.

Ultimately the Ride Leader makes the decision on what stats credit is provided to each participant. It is up to the Leader to turn in the stats for what is acceptable statistics for their posted rides.

Any issues related to stats should be sent to the Ride Leader and to the Ride Coordinator at Rides@actc.org.

Stats / Ride Credit Provisions

1. Ride Leaders must turn in stats credit for their listed rides and are allowed the freedom to determine what stats credit they will provide for each rider. Stats are submitted to stats@actc.org.
 - a) Additional mileage stats can be requested, but it is at the discretion of the Ride Leader to determine their individual policy pertaining to additional mileage or Billy Goat stats credit. Ride Leaders do not have to provide credit for additional miles or goats.
2. Only 1 Grizzly Bear credit is allowed per ride
3. Grizzly Bear credit cannot be combined with any type of Goat credit on the same ride
4. No more than 10 of any type of Goat is allowed per ride. Mountain and Billy Goats may be mixed on the same ride for credit.
5. No more than 2 Ride Leaders can be provided Ride Leader credit
6. No credit is provided for Guest participants
7. Riders must be at the ride start to sign in, or meet the ride in progress at a pre-designated place coordinated with the Ride Leader. (If a person arrives late and catches the ride in progress they will get credit).
8. Riders are encouraged to ride at their own pace, but also strive to regroup on occasion to stay with the Ride Leader. If a rider "goes off the front" it is at the Ride Leaders discretion whether to award credit.
9. Impromptu rides may be scheduled via the on line tool but no stats credit can currently be awarded. (*Pending Stats Tool development.*)